



ENHANCED PE MOVEMENT

SUMMER CAMP

♥ *The Heartbeat of Every School*

Student Journal

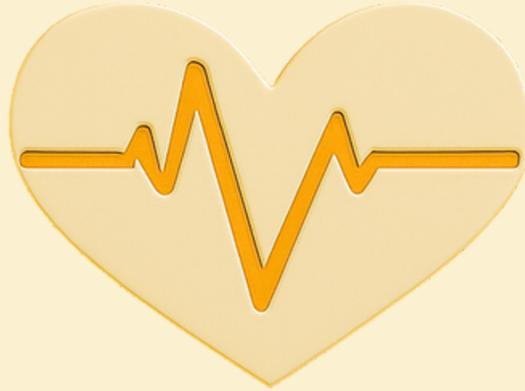


Anthony Caputo



Name: _____

Class: _____



ENHANCED PE MOVEMENT

Anthony Caputo
2026



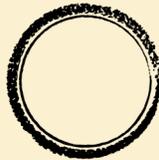
Movement Passport



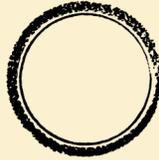
Hop



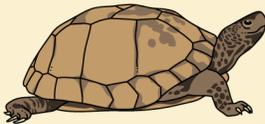
Gallop



Run



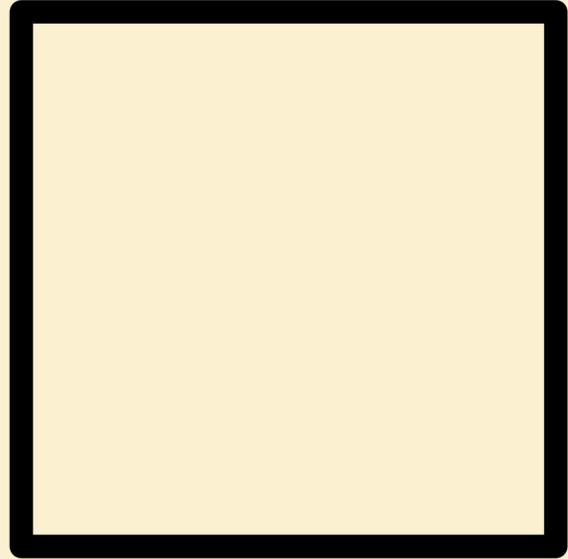
**Side
Step**



Walk



Jump



**Draw your Movement
Passport I.D. picture
in the box . Color in
the stamp next to the
locomotor movement
once you feel you
have mastered that
movement.**



Date: _____

Day 1:

Did you crash into anyone today? If not, how did you stay safe? Draw yourself practicing safe space.

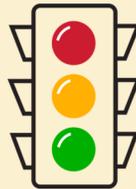




Date: _____

Day 2:

Draw a traffic light. Color the red light if it was hard to stop fast, or the green light if you were super fast today!

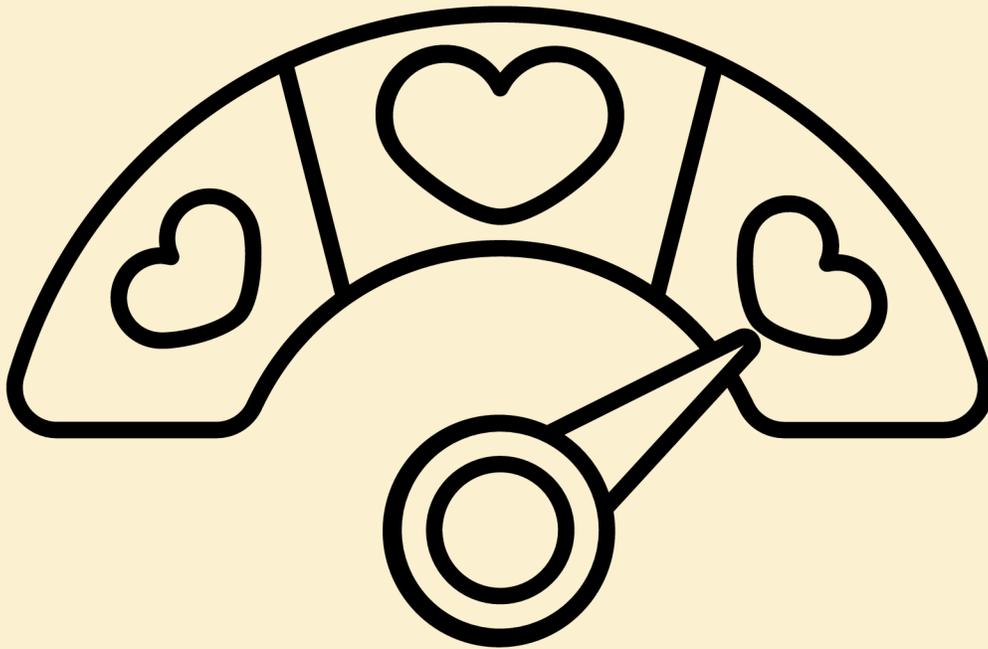




Date: _____

Day 3:

Color in the Heart Meter! How fast was your heart beating during the game today?



Enhanced PE Movement™
“The Heartbeat of Every School”