

# ENHANCED PE MOVEMENT

♥ Movement builds confidence

Student Reflection  
Workbook

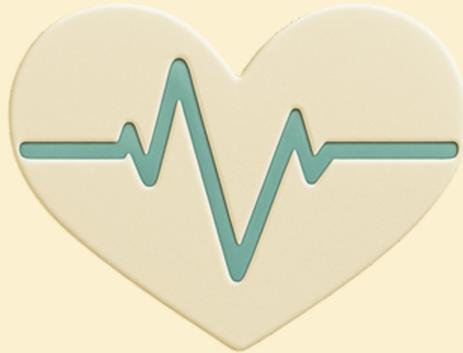
EARLY CHILDHOOD

**Anthony Caputo**

*The Heartbeat of Every School*

Name: \_\_\_\_\_

Class: \_\_\_\_\_



**ENHANCED  
PE MOVEMENT**

**Anthony Caputo  
2026**



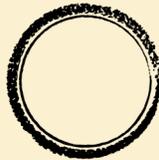
# Movement Passport



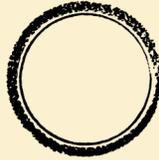
**Hop**



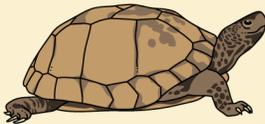
**Gallop**



**Run**



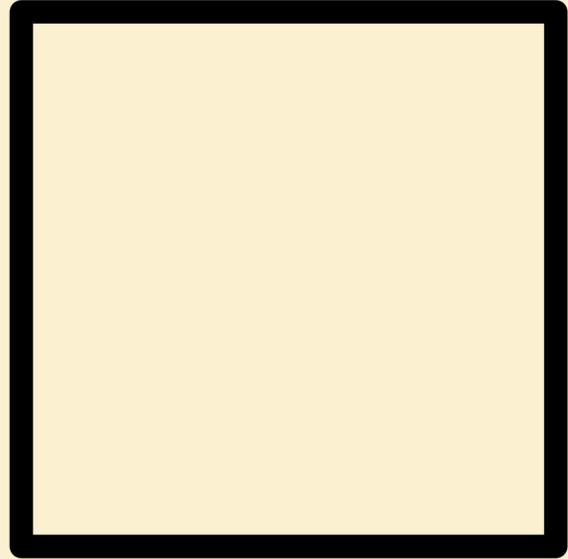
**Side  
Step**



**Walk**



**Jump**



**Draw your Movement  
Passport I.D. picture  
in the box . Color in  
the stamp next to the  
locomotor movement  
once you feel you  
have mastered that  
movement.**



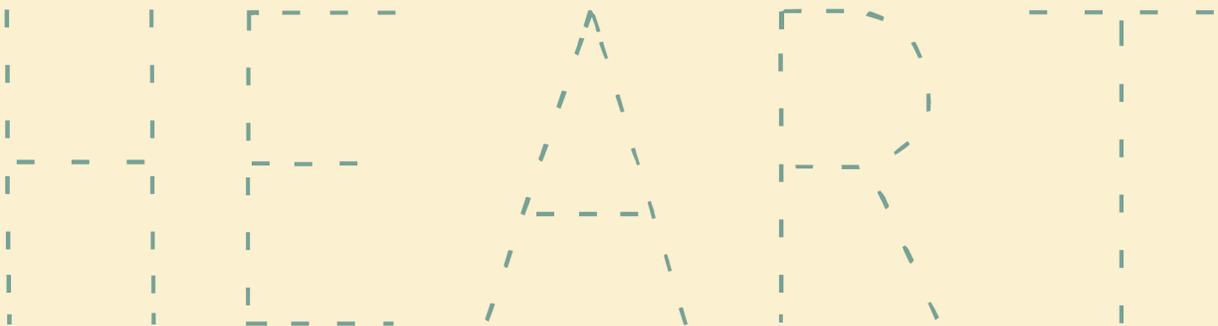
Date: \_\_\_\_\_

# STUDENT REFLECTION

Draw how you felt during today's game!



Trace the word of the day below.





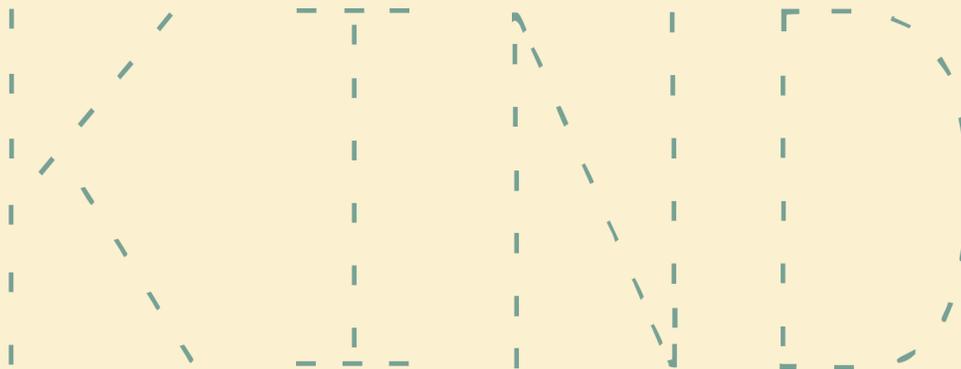
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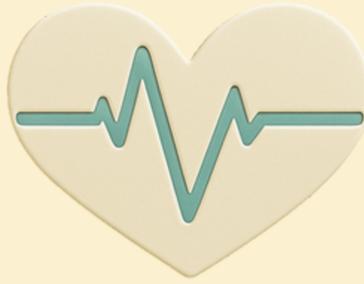
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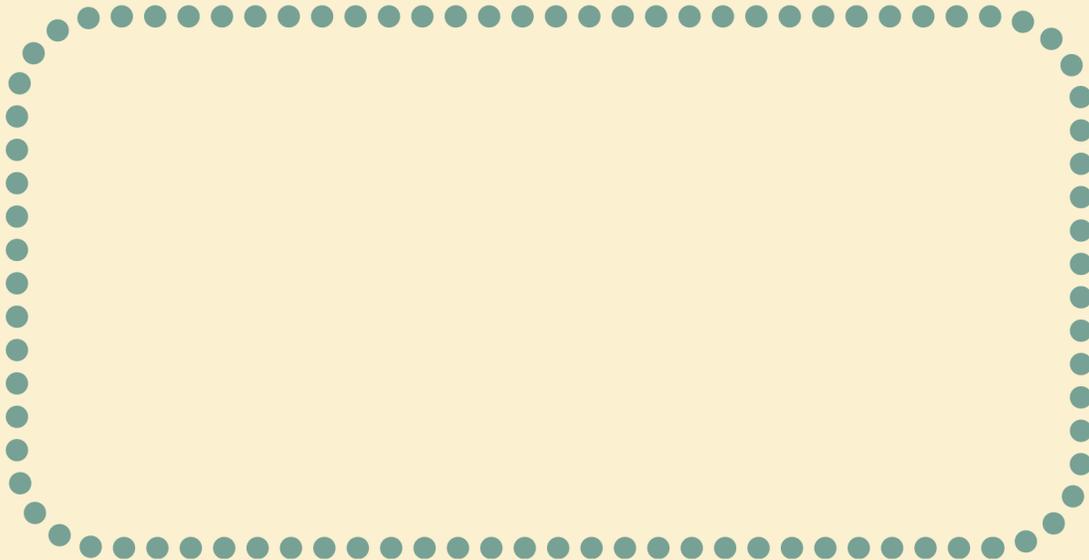




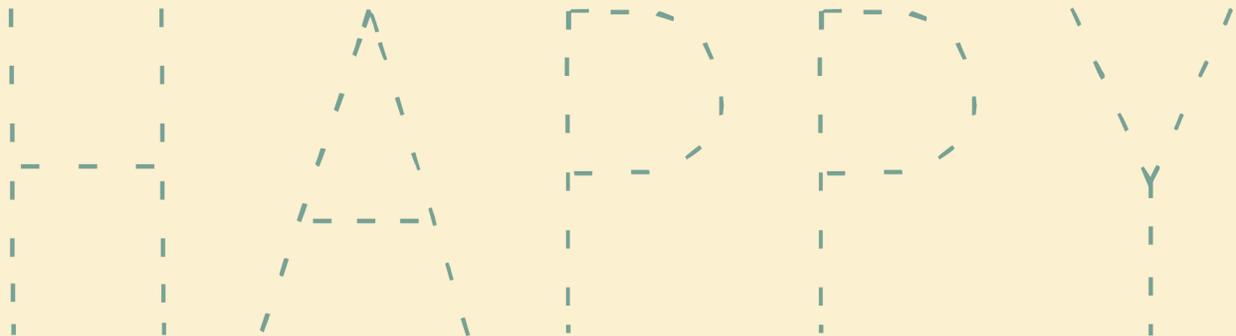
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**Enhanced PE Movement™**  
**“The Heartbeat of Every School”**